



Delta Sigma Theta Sorority, Incorporated

Trenton Alumnae Chapter

Officers **2025-2027**

President

Dr. Marella McMillon Holmes



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LaToya Edwards



Assistant Financial Secretary

Dr. Donnie R. Johnson



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Denise Watkins-Smith



Chaplain

Tracy Davis

March 10, 2026

Dear Community Partner,

The Physical and Mental Health Committee of the Trenton Alumnae Chapter of Delta Sigma Theta Sorority, Inc. and the Office of School Health Services of Trenton Public Schools invite you to participate in our 2026 Health & Wellness Fair on Saturday, May 16, 2026, in at Joyce Kilmer Intermediate School in Trenton, NJ. Our theme is “*Sisters in Strength: Mind, Body, and Community*”. This will be an empowering community event focused on promoting holistic health—physical, mental, emotional, financial, and spiritual wellness with special emphasis on women, youth, and families. This year’s fair will include free health screenings, mental health resources, fitness and nutrition demonstrations, interactive wellness activities and information from various health organizations. Our goal is to make health education accessible, fun, and community-centered while connecting residents to valuable local services and resources.

Delta Sigma Theta Sorority, Inc. is a public service organization of over 350,000 college-educated women and over 1,000 chapters worldwide. The Trenton Alumnae Chapter is comprised of over 150 members of Mercer County who value, sisterhood, scholarship, service, and social action. One of the major programs of the sorority is physical and mental health. Our partnership with the Trenton Public Schools supports our focus on health in our community.

Health education is vital for residents in Mercer County because it helps reduce health disparities, increases access to reliable information, and empowers individuals to make informed decisions about their well-being. Residents benefit greatly from learning how to prevent disease, navigate the healthcare system, and adopt healthy lifestyle practices. By equipping individuals and families with knowledge and resources, health education strengthens community wellness, supports early intervention, and promotes long-term health outcomes.

We are reaching out to community partners like you to help make this event a success. Your organization’s mission aligns with ours and together, we can build a healthier, more informed Mercer County community.

There are many ways that you can support this event.

You can become a **donor** as we are seeking monetary donations to offset the cost of supplies and program costs. Additionally, we are seeking the support and participation of community area organizations.

P.O. Box 22214, Trenton, New Jersey 08607

Organization participants may also contribute through:

- Δ Health-related giveaways or products (water bottles, pedometers, journals, etc.)
- Δ Provide light refreshments, bottled water, or healthy snacks
- Δ Provide health services (CPR demonstrations, screenings, wellness consultations)
- Δ Provide gift cards or raffle prizes
- Δ Host an informational table, demonstration, or wellness service during the fair

Your participation will be recognized in our event materials, social media promotions, and community outreach.

We are confident that your organization's participation will have a meaningful impact while enhancing visibility among hundreds of community members. Together, we can make a difference in the lives of families striving toward healthier, happier futures.

For more information and to confirm your participation, please complete the form [\(link\)](#) with your desire to participate in this event. We ask that we receive your confirmation of your participation **no later than, Monday, May 4th**. Thank you for considering this opportunity to participate. If you have any questions, please feel free to contact us via email at trentondsthealthwellness@gmail.com.

Sincerely,

Dr. Marella McMillon Holmes

Dr. Marella McMillon Holmes, President
Trenton Alumnae Chapter
Delta Sigma Theta Sorority, Inc.

Linda Wyatt-Simpson

Linda Wyatt-Simpson, Chair
Physical & Mental Health Committee
Trenton Alumnae Chapter
Delta Sigma Theta Sorority, Inc.

Bianca L. Taylor-Davis

Bianca L. Taylor-Davis, Co-Chair
Physical & Mental Health Committee
Trenton Alumnae Chapter
Delta Sigma Theta Sorority, Inc.